

MARKET AT A GLANCE

Monday, 30 March 2026



Indices Update

Indices	Rate	% Chg
Dow Jones	45166.64	-1.73
Shanghai	3891.56	-0.57
Sensex	73583.22	-2.25
MSCI Asia Pacific	234.442	-0.55

Currencies

Currencies	Rate	% Chg
USDINR	94.777	0.54
EURUSD	1.1502	-0.05
USDJPY	159.96	-0.22
Dollar Index	100.195	0.04

International Market Rates

Commodities	Rate	% Chg
Gold (\$/oz)	4485.00	-0.52
Silver (\$/oz)	68.97	-1.18
NYMEX Crude Oil (\$/bbl)	101.92	2.29
NYMEX NG (\$/mmbtu)	2.938	-2.88
COMEX Copper (\$/Lbs)	5.4375	-0.57
LME NICKEL (\$/T)	17186	-0.20
LME LEAD (\$/T)	1897.5	-0.29
LME ZINC (\$/T)	3146	1.26
LME ALUMINIUM (\$/T)	3430	4.41

Previous day's closing

Expected Opening In MCX

Commodities	Rate	% Chg
Gold mini	142956	-0.96
Silver mini	227833	-1.84
Crude oil	9700	3.25
Natural Gas	278.1	-4.01
Copper	1124.42	-1.51
Nickel	1642.39	-0.24
Lead	188.57	-0.12
Zinc	321.32	3.35
Aluminium	353.11	4.65

Intraday Technical Outlook

Instruments	Technical Commentary	Outlook
Gold LBMA Spot	Prices remain choppy but consistent trades below \$4400 would trigger another round of liquidation.	↔
Silver LBMA Spot	Consistent trades below \$70 would liquidate prices further. Else, mild recovery upticks expected.	↔
Crude Oil NYMEX	Recovery upticks likely to extend the day. Stiff support is placed at \$88.	↑
MCX	Technical Commentary	Outlook
Gold KG Apr	Break below Rs 129000 would extend liquidation. If not may see choppy with mild recovery upticks.	↔
Silver KG Mar	As long as Rs 215000 hold downside, expect mild recovery upticks.	↔
Crude Oil Apr	Choppy trades are on the cards. Stiff support is placed at Rs 8000.	↑
Natural Gas Apr	Choppy trading expected initially. Break below Rs 270 may see corrective selloffs.	↔
Copper Apr	Inability to break the support of Rs 1110 there are chances of recovery upticks for the day.	↔
Nickel Apr	Support is placed at Rs 1550, which if cleared would extend weakness.	↔
ZincM Apr	As long as the support of Rs 320 likely to see mild recovery upticks for the day.	↔
LeadM Apr	Expect choppy trading but major support is placed at Rs 185.	↔
Alumini Apr	Gap up opening expected and likely to continue the bullish rallies.	↑

MCX TECHNICAL LEVELS

	COMMODITY	S1	S2	S3	Pivot	R1	R2	R3
BULLION	GOLD APR6	141090	137898	135509	143479	146671	149060	152252
	GOLDM MAY6	141427	138515	136191	143751	146663	148987	151899
	GOLDGUINEA MAR6	113671	112102	111028	114745	116314	117388	118957
	SILVER MAY6	221514	215075	208940	227649	234088	240223	246662
	SILVERM APR6	230803	224358	218263	236898	243343	249438	255883
	SILVERMIC APR6	231031	224524	218492	237063	243570	249602	256109
BASE METALS	COPPER MAR6	1141.9	1133.5	1124.9	1150.5	1158.9	1167.5	1175.9
	LEAD MAR6	193.0	193.1	193.6	192.5	192.3	191.8	191.7
	ZINC MAR6	312.3	309.2	307.4	314.1	317.2	319.0	322.1
	ALUMINIUM MAR6	336.9	334.2	332.2	338.9	341.7	343.7	346.4
ENERGY	NATURALGAS APR6	281.0	272.4	266.9	286.5	295.1	300.6	309.2
	CRUDEOIL APR6	9005	8615	8410	9210	9600	9805	10195
INDICES	MCX BULLDEX	34264	33870	33344	34790	35184	35710	36104

GLOBAL BENCHMARKS

NYMEX/COMEX	100 GOLD APR26	4442.0	4441.0	4440.4	4442.6	4443.6	4444.2	4445.2
	SILVR 5000 APR26	67.54	67.53	67.53	67.55	67.56	67.56	67.57
	LIGHT CRUDE MAY6	95.09	89.01	85.93	98.17	104.25	107.33	113.41
	NAT GAS MAY26	2.99	2.90	2.83	3.06	3.15	3.22	3.31
	HG COPPER APR26	5.43	5.40	5.38	5.45	5.48	5.50	5.53
	ZINC	2827	2843	2767	2903	2887	2963	2947
LME	LEAD	2023	1993	1973	2043	2073	2093	2123
	ALUMINIUM	2575	2575	2536	2614	2614	2653	2653

BULLISH  BEARISH  MILD BULLISH  MILD BEARISH  +RANGE BOUND  - RANGE BOUND 

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